A speaker every teen

should hear!



"Feelings Aren't Facts: Empowering Teens to Make Smarter Choices for a Brighter Tomorrow"



@QUINCYWHORFCONSULTING @QUINCYWHORFCONSULTING

<u>Transformational Speaker Quincy Whorf Presents:</u> <u>"Feelings Aren't Facts – Making Smarter Choices"</u>

Are you looking to inspire and equip your high school students with the tools for making more informed and thoughtful decisions?

Quincy has created a talk <u>for</u> and <u>with</u> teens that will give them a better understanding of their mental health, why they do what they do and how they can look at it differently.

She will cover such topics as: Anxiety/Depression

Social Interaction/Dating Suicide/Addiction Overwhelm/Pressure Stories/Sabotage Motivation/Empowerment Identity/Purpose

## What Students Will Gain:

Improved Decision-Making: Clarity in discerning facts from feelings in daily life.
Emotional Intelligence: Enhanced ability to manage and respond to emotions.
Life Skills for Success: Foundations for lifelong critical thinking and problem-solving.

## **Book Quincy Whorf to Empower Students Today!**

Don't miss this opportunity to profoundly impact your students' future. Book Quincy Whorf for your next school assembly or workshop and watch your students flourish with newfound resilience and wisdom.

Contact Us Today to schedule Quincy Whorf and help pave the way for better choices and brighter futures for your students!

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